

Judd Robbins, M.A., M.S.
Expert Witness and Fitness Specialist
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www.juddrobbins.com
541-292-7777

Experience and Trainings

Engaged as an Expert Witness
130+ times since 1986

Author of **Expert Witness Training**, 2010
Co-Author of **Pilates Evolution**, 2012

President, Presentation Dynamics LLC:
www.Presentation-Dynamics.net
Authorized publisher of Joseph Pilates'
two copyrighted fitness books, *Your Health* and
Return to Life through Contrology

Ashland YMCA (Oregon, 2006 – Present):
Fitness Instructor: Pilates, Yoga, Tai Chi,
Qigong, Falls Prevention, Strength, and Dance

Medford Superior Club (Oregon, 2001–2006):
Fitness Instructor: Pilates, Yoga & Self Defense

Incline Village Recreation Center:
Fitness instructor (Nevada,, 1993–2001)
Pilates, Yoga, strength and contour, stretch,
step, low impact aerobics, kickboxing and self
defense

PhysicalMind Institute (1993)
Certified Pilates' Method Instructor.
Trainings in Matwork and Apparatuses

YogaFit – Certified Yoga Instructor

Community Acupuncture + Natural Health
3 Phase Qigong Instructor - Ashland Oregon

Oregon Research Institute (2018)
Tai Chi: Moving for Better Balance:
Falls Prevention Trainer and Level 1 Instructor

American Council on Exercise (A.C.E.):
Certified Group Fitness Trainer with
Specialty Trainings in Fitness Yoga, Pilates,
Strength, Balance, Low Back Pain

Jujitsu America – Black Belt 1st Degree

Force Anti-Assault Survival Tactics
(F.A.S.T.) Level 3 Hand-to-Hand Combat
Certification

Reiki Master – Levels 1, 2 and 3

American Heart Association
Current CPR Certification
(Former CPR Instructor in California)

Racquetball Professional
Instructor/Player (Massachusetts)

Club Instructor in Low Impact Aerobics
(1980–1992): Massachusetts and California

Director and writer of central Internet
Website (www.JosephPilates.org)
for Pilates' Instructors, Studios, and Students

Participant in Competitive Sports:
Soccer, Tennis, Squash, Racquetball, Pickleball